LAKE COMO INSTITUTE
— Como, Italy

Location
The Lake Como Institute is located in the town of Como, famous for its silk manufacturers. Within what remains of its twelfth-century walls is a charming historical center. The town is set on the shores of Lake Como, situated in a basin surrounded by wooded mountains and said to be the most beautiful of the Italian lakes. There is plenty to see while strolling around, including stunning villas, gardens, and sites of historical and cultural significance.

www.lakecomoinstitute.com

How to get there
From Milano Malpensa Airport, located about 1 hour away by car, you can take the Malpensa Express train to Como.

www.malpensaexpress.it

From Lugano Airport in Switzerland, located about 20 minutes away by car, you can take a shuttle bus to Lugano, and then a train from Lugano station to Como S. Giovanni station.

www.trenitalia.it or www.sbb.ch

From Milano Linate Airport, you can take a connecting bus to Milano Centrale station and catch a train to Como S. Giovanni station (trains depart hourly).

The following transport options are available via the institute:

– a private mini-van for up to five passengers, one way from Milano Malpensa Airport to Como (at a cost of €100 + 10% VAT)
– a private mini-van for up to seven passengers, one way from Milano Malpensa Airport to Como (at a cost of €120 + 10% VAT)
– a private car (up to three passengers), one way from Milano Malpensa Airport to Como (at a cost of €80 + 10% VAT)
– There is an additional cost of €30 (one way) from Il Caravaggio International Airport (Orio al Serio International Airport).
– There is an additional cost of €10 (one way) from Milano Linate Airport.

Where to stay
All of the following hotels are located within a reasonable distance to the institute. If you would like to stay right on the lakefront, you might want to consider one of the following hotels:

Albergo Terminus dates back to the nineteenth century and has an enchanting view across Lake Como.

www.albergoterminus.it | TripAdvisor Certificate of Excellence | 4-star

Palace Hotel is an historical art nouveau palace overlooking the lakefront.

www.palacehotel.it | TripAdvisor Certificate of Excellence | 4-star

Hotel Metropole Suisse is located along the harbor with views of Lake Como and the Alps.

www.hotelmetropolesuisse.com | 4-star

Not on the lakefront, but also centrally located are the following hotels:

Albergo Del Duca, with an attractive setting on a pedestrian square, offers the hospitality of a family-run business.

www.albergodelduca.it | 3-star

Avenue Hotel is located in a historical building and offers rooms with a colorful and sophisticated design.

www.avenuehotel.it | TripAdvisor Certificate of Excellence | 4-star

— Lake Como Institute

The Lake Como Institute is a center dedicated to higher education in implantology. Our teaching is based on scientific and clinical research, and we adopt an interdisciplinary teamwork approach to our work. Our clinic of excellence is based on established protocols and attention to detail, two factors that we regard as important for achieving a long-lasting result. With our work philosophy of seeking to achieve the best results, combined with our 30 years of clinical experience, we offer an innovative course that will allow you to give better treatment to patients, who rely on your professionalism for their oral health.

— Prof. Tiziano Testori

received his M.D. in 1981, his D.D.S. in 1984, and his specialty qualification in orthodontics in 1986, all from the University of Milan in Italy. He is currently head of the section of implantology and oral rehabilitation at the University of Milan’s dental clinic at I.R.C.C.S. Istituto Ortopedico Galeazzi. He is also a visiting professor at the College of Dentistry at New York University in the U.S.

Dr. Testori is a fellow of the International College of Dentists and a referee for oral surgery and implant dentistry for the Italian Ministry of Health for continuing education programs. He is an active member of the European Federation of Oral Surgery Societies and an active member of and lecturer for the Academy of Osseointegration, American Academy of Periodontology, and American Association of Oral and Maxillofacial Surgeons. He is the author of over 200 scientific articles in Italian and international journals.
Where to eat

I Tigli in Theoria, situated in the old palazzo and adjunct to Theoria art gallery, provides a combination of gourmet cuisine, art and history.

www.theoriagallery.it | 1 Michelin star

La Colombetta is a cozy restaurant offering regional cuisine with fish dishes as its specialty.

www.colombetta.it

The Market Place offers innovative and hip Italian cuisine

www.themarketplace.it

L’Antica Trattoria, seasonal, traditional Italian cuisine with specialty meat dishes cooked over barbeque in view of guests

www.lanticatrattoria.co.it

Tira, mola e meseda, Italian cuisine, especially dishes from Lombardy (risotto, osso bucco)

www.tiramolameseda.it

Capitan Drake Enoteca, small eatery and bar, New Zealand, Italian and Mediterranean cuisine

www.facebook.com/Capitan-Drake-Enoteca

What to see and do

Como is a very small old town and the best way to get to know it is to walk around and discover its narrow passages, old streets, quaint markets and piazzas, stopping to enjoy a cappuccino on the terrace of one of its many cafés.

The remarkable eleventh-century Romanesque Basilica di Sant’Abbondio has a beautiful fresco series inside the apse and a university occupies what was once the cloister.

Lake Como’s shores feature a varied landscape of fields, forests, imposing rocks, charming villages facing the lake and magnificent mansions with beautiful gardens, particularly from Cernobbio to Gravedona and Bellagio. The following include only some of the innumerable sights:

The middle of Lake Como, where its three branches come together, offers a spectacular view of the whole promontory of Bellagio, of the northern Grigna mountains overlooking Valsassina, and of the upper basin against the backdrop of the Alps if the skies are clear. It has the mildest climate and can be reached by boat.

www.taxiboat.it

Besides the glorious views of the Lecco branch of the lake, which turns southwards, there are natural springs, like Fiumelatte, described by Leonardo da Vinci, and the impressive Orrido di Bellano (gorge), situated not far from the Renaissance Villa Monastero at Varenna.

For more information visit:

www.lakecomo.it